



Group Rules

Thank you for your interest in joining **Joyful Surrender**. Here, you will be equipped and empowered to find new joy in a life of faith-based recovery when you surrender your alcohol addiction to Christ.

Joyful Surrender is a community that requires participation by all who want to be a part of it. If you find it is not “working” for you, it is most likely because you are not fully participating. The best thing about this group is that everyone here knows exactly how you feel and is seeking a new life in sobriety. We are using our faith in the Lord as our biggest sober tool.

I invite you to walk in that truth today with us. This group is about staying sober and building a support system. It is not a group to convince you to get sober. It is for this reason that true commitment to sobriety is a requirement to participate. Do not join this group because you hope it is the thing that will finally help you get sober. Surrender your drinking to God, and then let us support you in this journey.

***A few words about relapse.**

It happens, but the biggest mistake often seen is letting the shame of it keep you from showing up here again. Don't let that happen. Come right back and talk about it. Let us help you figure out where it all went wrong. Learn from our mistakes and yours! You are here because you want to stop this endless cycle, and this is the best way to figure that out.

***A few simple rules.**

- Respect one another no sales or spam.
- Respect each other's privacy-use the group chat provided instead of phone #'s.
- No harassment, bullying, or targeting of any kind this is a faith-based group.
- Put WWJD in front of your thoughts and comments, and you'll be just fine.
- Must be sober to attend or post.
- No participation until 24 hours after your last drink.
- Our meetings are once a week on Monday nights @ 8:00 pm ET via Zoom.

After you have read the guidelines and submitted the form to join the group, on the following Monday, you will receive a Zoom link via email from She Surrenders to join the Monday Night

meeting. Please reply if you are coming or not.

When you have attended a meeting, just follow up with an email reply if you would like to join, and then you are in and a part of the forum as well.

The forum is private and is not accessible to the public. It is much like Facebook, except it is through our website and much more private. We engage all week long there and it is a great resource as well. You will also get an app invite to be able to access it on the go.

Thank you and hope to see you soon in Joyful Surrender,
Sherry